

Unified and Diverse

Ready:

“As it is, there are many parts, but one body.” – 1 Corinthians 12:20

Set

An anchor is a picture of extreme weight and strength. It holds down entire boats, no matter their size. But what holds the anchor? A cable. And what is that cable made from? Ropes looped with other ropes. And what are those ropes made from? A million little threads all tightly joined together. Many parts make up one crucial item for boats.

Scripture teaches us about unity and diversity in God’s body of believers. Paul uses the analogy of the human body. Every part of our body is important and specifically designed by God for an exact purpose. Paul goes on to show how this is like God’s body of believers. Each part has a specific purpose for the Body of Christ.

Our teams are another body Christ speaks of. Our team is unified but diverse. Every part is important and designed intentionally. A team has many parts: the starting lineup, defensive players, offensive players, special teams, the second string, third string, managers, trainers and every other position. Sometimes, all these parts can make it seem like one is more important than the other. But remember the anchor?

You may think the smallest position holds no weight, but remember the anchor? You may think the starting athlete holds the team together, but remember the anchor? You may think the coach doesn’t need you, but remember the anchor? Without the smallest of threads, all joined together to make a rope, which then makes a chord, the anchor would fall.

1 Corinthians goes on to say, “If one member suffers, all the members suffer with it; if one member is honored, all the members rejoice with it.” (1 Corinthians 12:26) There are many parts to your team, but it is one body. Every position matters and is designed perfectly by God.

Go

- Why is understanding team unity so important?
- How can you encourage yourself and your team with this truth?
- How will this make you play harder this season?

Workout

1 Corinthians 1:10

1 Corinthians 12:12-27

Ephesians 4:1-5

Overtime

“God, thank You for loving unity and diversity. Teach me the importance of each spot on the team and help me encourage those who feel defeated and those who get prideful. Allow our team to become one body for Your glory and our good. Amen.”



Fellowship of Christian Athletes © 2025
8701 Leeds Road | Kansas City, MO 64129 | 800.289.0909
Comments or Questions, fca@fca.org
[Privacy Policy](#) | [Report a Problem](#) | [Copyright](#)

Source URL: <https://fcaresources.com/devotional/unified-and-diverse>