

## **Am I Coachable?**

### **Ready:**

“Make your ways known to me, Lord; teach me your paths. Guide me in your truth and teach me, for you are the God of my salvation; I wait for you all day long.” – Psalm 25:4-5

### **Set**

If you have played sports for any time, you have been lectured on learning to be “coachable.”

Being coachable is one of the most important lessons a young athlete can learn. When someone isn’t coachable, they resist correction and insist that the way they are doing things is the only correct way. As you can imagine, a lot of pride is associated with someone who is not coachable. From the outside, it looks foolish to see someone not even be open to learning something new, a better path.

I believe that’s how God sometimes feels, looking at us when we insist we know the best path for our lives. He might look at His sons and daughters and think, in the most loving way possible, that we are acting foolish. He would be right.

How much pride must we have to believe that we know than the Creator of the universe? Most of the time, we cling to what we know due to fear of the unknown. If we let go of our plan, what if there is no plan to replace what we had? We must have faith that when we open our hands and lay our plan down at the feet of Jesus, He will hand us back something far better than we could have ever imagined.

The moment the uncoachable kid trusts their coach and waits for them to show them a new path, they usually learn a new skill. More often than not, this new skill makes them better players and sets them on a new path forward.

Do we trust God enough to become coachable in life?

### **Go**

- Take a moment to pray. What is God telling you to drop at His feet?
- What fear is causing you to be “uncoachable?”
- What is your current plan? Does it have Jesus in the driver’s seat?

### **Workout**

Proverbs 3:5-6

Malachi 3:6

## **Overtime**

“Heavenly Father, You are the path-maker. You know and see all things – more than I could ever know. Please reduce my pride in my ideas and reveal the places where I am holding on to this world and not trusting You. Give me the patience to wait for You to reveal the path to me. Amen.”



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