

## **Do It Anyway!**

### **Ready:**

“Let us not get tired of doing good, for we will reap at the proper time if we don’t give up.”  
Galatians 6:9

### **Set**

There comes a point in the season where we just don’t want to do it anymore. We don’t want to go to practice. We don’t want to run drills or work on a new play or watch film. We have grown tired.

The same attitude can appear in our walk with the Lord. We don’t want to read Scripture. We don’t feel like praying. We want to skip Sunday church, or we neglect our daily quiet time.

Paul is coaching the Galatians to keep pressing forward; to do good anyway. Just like with our team, if we put in the work, if we practice and run drills and watch film, the team will reap the benefit. It might be in wins, or it might be in better attitudes. Whatever it looks like, we cannot give up. If Christ-followers keep pressing on in their walk with Him, they also will “reap at the proper time.” In our faith, that might look like standing strong in the face of persecution, leading a friend closer to the Lord or growing more mature in our walk with Jesus.

Daily reading of our Bible and spending time in prayer with the Lord are good things we should not get tired of doing. The truth is there will be seasons where we feel too busy or too overwhelmed to spend time with Jesus.

Just as we must put in the work with our team, we must put in the time with God. Only bad comes from neglecting the drills, the plays and watching film. Only bad comes from neglecting our time with God. Ultimately, He gives us the strength and desire to give our all in practice and in our walk with Him. We simply must ask Him.

### **Go**

- What benefits have you reaped from being in God’s Word?
- Do you experience times when you don’t want to put in the time with your sport or walk with the Lord?
- How do you overcome those times?

### **Workout**

[Hebrews 12:1-2](#)

Isaiah 40:31

## **Overtime**

“Lord, give us the strength to not get tired of doing Your work and putting in the time to grow closer to You. Draw us to Yourself and enable us to reap at the proper time. Give us what we need to not give up. Amen.”



Fellowship of Christian Athletes © 2025  
8701 Leeds Road | Kansas City, MO 64129 | 800.289.0909  
Comments or Questions, [fca@fca.org](mailto:fca@fca.org)  
[Privacy Policy](#) | [Report a Problem](#) | [Copyright](#)

---

**Source URL:** <https://fcaresources.com/devotional/do-it-anyway>