## **Biggest Loser Diet - Is it Extreme?**

Let's take a closer look at the diet behind the success stories!



Fellowship of Christian Athletes © 2025 8701 Leeds Road | Kansas City, MO 64129 | 800.289.0909 Comments or Questions, fca@fca.org Privacy Policy | Report a Problem | Copyright

Source URL: <a href="https://fcaresources.com/podcast/2008/06/30/biggest-loser-diet-it-extreme">https://fcaresources.com/podcast/2008/06/30/biggest-loser-diet-it-extreme</a>