

Published on *FCA Resources* (<https://fcaresources.com>)

[Home](#) > Exercise in a Pill

Exercise in a Pill

Is there really a pill you can take with the benefits of exercise?



Fellowship of Christian Athletes © 2024
8701 Leeds Road | Kansas City, MO 64129 | 800.289.0909
Comments or Questions, fca@fca.org
[Privacy Policy](#) | [Report a Problem](#) | [Copyright](#)

Source URL: <https://fcaresources.com/podcast/2008/11/28/exercise-pill>