

Published on *FCA Resources* (<https://fcaresources.com>)

[Home](#) > I'm Full

---

## I'm Full

Do you eat until you're stuffed or just until you're full?



Fellowship of Christian Athletes © 2024  
8701 Leeds Road | Kansas City, MO 64129 | 800.289.0909  
Comments or Questions, [fca@fca.org](mailto:fca@fca.org)  
[Privacy Policy](#) | [Report a Problem](#) | [Copyright](#)

---

**Source URL:** <https://fcaresources.com/podcast/2009/06/05/i-m-full>