

Published on *FCA Resources* (<https://fcaresources.com>)

[Home](#) > EAT what you CRAVE!

---

## **EAT what you CRAVE!**

Is it good to respond to your cravings? Hmmmm.



Fellowship of Christian Athletes © 2025  
8701 Leeds Road | Kansas City, MO 64129 | 800.289.0909  
Comments or Questions, [fca@fca.org](mailto:fca@fca.org)  
[Privacy Policy](#) | [Report a Problem](#) | [Copyright](#)

---

**Source URL:** <https://fcaresources.com/podcast/2009/06/29/eat-what-you-crave>