

Published on *FCA Resources* (<https://fcaresources.com>)

[Home](#) > Tell Me What to Do

Tell Me What to Do

Wanna get healthy - just do these things!



Fellowship of Christian Athletes © 2025
8701 Leeds Road | Kansas City, MO 64129 | 800.289.0909
Comments or Questions, fca@fca.org
[Privacy Policy](#) | [Report a Problem](#) | [Copyright](#)

Source URL:<https://fcaresources.com/podcast/2009/11/25/tell-me-what-do>