

## Two Truths and a Lie

Two Truths and a Lie is the classic icebreaker game in which one attempts to identify which of the three statements is bogus.

Have everyone sit in a circle. Each person prepares three statements about themselves, two of which are true and one which is a lie. In any order, the person shares the three statements to the entire group. The object of the game is to figure out which statement is a lie. The rest of the group votes on each statement, and the person reveals which one is the lie.

**Variation:** *Two Truths and a Dream Wish.* An interesting variation to the classic Two Truths and a Lie icebreaker. Instead of stating a lie, a person says something that is not true - yet something that they wish to be true. For example, someone that has never been to Hawaii might say: "I have visited Hawaii when I was young." This interesting spin often leads to unexpected, fascinating results, as people often share touching wishes about their lives.



Fellowship of Christian Athletes © 2025  
8701 Leeds Road | Kansas City, MO 64129 | 800.289.0909  
Comments or Questions, [fca@fca.org](mailto:fca@fca.org)  
[Privacy Policy](#) | [Report a Problem](#) | [Copyright](#)

---

**Source URL:** <https://fcaresources.com/team-builder/two-truths-and-lie>