

Published on *FCA Resources* (<https://fcaresources.com>)

[Home](#) > 3 Minute Drill - Matt Holliday - Part 2

3 Minute Drill - Matt Holliday - Part 2

Watched the Video? [Download the Companion Video Curriculum!](#)



Fellowship of Christian Athletes © 2025
8701 Leeds Road | Kansas City, MO 64129 | 800.289.0909
Comments or Questions, fca@fca.org
[Privacy Policy](#) | [Report a Problem](#) | [Copyright](#)

Source URL: <https://fcaresources.com/video/3-minute-drill-matt-holliday-part-2>