

Published on *FCA Resources* (<https://fcaresources.com>)

[Home](#) > Tom Brands

---

## Tom Brands

Tom Brands, featured in this "On the Mat" video, is Head Wrestling Coach at the University of Iowa. FCA Wrestling "On the Mat" video series is a collection of life stories from some of the top coaches, athletes, and leaders from around the country. These stories give insight into the triumphs and struggles of everyday life, and defining moments that led to a pursuit of following Christ.



Fellowship of Christian Athletes © 2025  
8701 Leeds Road | Kansas City, MO 64129 | 800.289.0909  
Comments or Questions, [fca@fca.org](mailto:fca@fca.org)  
[Privacy Policy](#) | [Report a Problem](#) | [Copyright](#)

---

**Source URL:** <https://fcaresources.com/video/tom-brands>